**DNACPR decisions**

# **Do Not Attempt Cardiopulmonary Resuscitation (DNACPR)**

Cardiopulmonary resuscitation involves treatment to restart the heart or breathing in the event of a cardiac or respiratory arrest. It may involve chest compressions, electric shocks to the heart, artificial ventilation and injections of medication with the aim of restarting the heart.

If someone is unlikely to benefit from this treatment due to underlying irreversible conditions, it may be appropriate to consider a DNACPR decision.  These decisions should only be made by appropriately trained clinicians and the person and their family or lasting power of attorney should be involved in the discussions concerning this.

DNACPR decisions only relate to the treatment described above. They do not inhibit admission to hospital or the treatment for other conditions.

In north east Essex these decisions are recorded on the [East of England DNACPR form](https://www.nee-alliance.org.uk/wp-content/uploads/2020/12/resuscitation_adult_dna_cpr.pdf).  Resources that may support the person to understand the issues involved are available here: [Talk CPR](http://talkcpr.wales/) and on the NHS website : <https://www.nhs.uk/conditions/do-not-attempt-cardiopulmonary-resuscitation-dnacpr-decisions/>